



*Find your peace of mind*

### Food Security Resources

#### 1. Food Bank of Central & Eastern North Carolina

- Website: [foodbankcenc.org](http://foodbankcenc.org) Food Finder by Zipcode: [foodfinder.foodbankcenc.org](http://foodfinder.foodbankcenc.org)
- Contact: 919-875-0707 Email: [communication@foodbankcenc.org](mailto:communication@foodbankcenc.org)
- Description: Large network distributing food and supporting pantries across the region with case-management pointer. Great for identifying local pantry sites and pop-up food markets.

#### 2. Catholic Parish Outreach Food Pantry

- Address: 2013Raleigh Blvd,Raleigh,NC 27604 Website: [catholiccharitiesraleigh.org](http://catholiccharitiesraleigh.org)
- Contact: 919-873-0245
- Description: Food pantry service for Wake/Johnston/Franklin counties; good for those who have transportation.

#### 3. The Salvation Army of Wake County – Food Pantry

- Address: Judy D. Zelnak Center of Hope, 1863 Capital Blvd, Raleigh, NC 27604  
Website: [southernusa.salvationarmy.org/wake/food-pantry](http://southernusa.salvationarmy.org/wake/food-pantry)
- Contact: 919-834-6733
- Description: Offers food bags for qualifying households, also community kitchen meals. Good for those who are needing immediate food and safety support.

#### 4. Dorcas Ministries (Cary & Morrisville)

- Address: 187 High House Rd., Cary NC 27511
- Contact: 919-469-9861 Website: <https://dorcascnc.org/how-we-help/assistance/>
- Description: Offers food pantry services in Cary and Morrisville, and you must apply online beforehand.

#### 5. Garner Area Ministries

- Address: 558 Village Court Garner, NC 27529
- Contact: 919-772-9100 Website: [gam-nc.org/garner-area-ministries\\_\\_trashed/food-pantry/](http://gam-nc.org/garner-area-ministries__trashed/food-pantry/)
- Description: Offers food pantry support every 3 months or in an emergency situation. Good for those needing extra food support.

919-283-3302 | [info@calmandfocusedtherapy.com](mailto:info@calmandfocusedtherapy.com) | 915 Vandora Springs Rd., Garner, NC 27603



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#### 6. Community of Hope Food Pantry

- Address: 601 St. Mary's St. Garner, NC 27529
- Contact: 919-779-6679 Website: [communityofhopeministries.org/ministries/food-pantry/](http://communityofhopeministries.org/ministries/food-pantry/)
- Description: Offers food pantry support once a month with faith based counseling services.

#### 7. Urban Ministries of Wake County Food Pantry

- Address: 1390 Capital Blvd Raleigh, NC 27603
- Contact: 919-746-0088 Website: [urbanmin.org/services/food-pantry/](http://urbanmin.org/services/food-pantry/)
- Description: Offers food pantry support up to once a week.

#### 8. Tri Area Ministry Food Pantry

- Address: 149 E Holding Avenue Wake Forest, NC 27587
- Contact: 919-556-7144 Website: [triareaministry.com](http://triareaministry.com)
- Description: Offers food pantry services and personal hygiene products.

#### 9. Showers of Blessing Food Pantry

- Address: 9759B Cleveland Rd. Clayton, NC Website: [showersofblessingcc.org/food-pantry](http://showersofblessingcc.org/food-pantry)
- Contact: 984-249-0443
- Description: Offers food pantry services and support.

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- Address: 601 St. Mary's St. Garner, NC 27529
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